



YOUTH LEADER RESPONSIBILITIES WHEN HELPING TO COACH

Arrival and Set Up

- Arrive 10 minutes before designated volunteering/coaching time
- Wear your ESCO “Youth Leader” shirt, soccer shorts/pants and running shoes or soccer flats shoes (NO SANDALS). If the weather is cooler, wear Elite S.C. warm ups or Elite sweatshirt. **Look the part of a coach.**
- Tell the lead coach that you are an ESCO Youth Leader and there to help coach the players in the program
- Ask the coach if they need help with setup or clean up

Coaching

- Greet players, introduce yourself, give them high fives, ask what their names are
- Support the ESCO FC coach
- Reinforce Elite FC coach instructions or coaching points (example “use your laces to dribble” “nice turn” “good job Billy”)
- Get on the kids level, smile, be playful, be positive, get to know the players. **BRING ENERGY AND EXCITEMENT!**
- Be a role model for the younger players
- Body language is important (Do not put your hands in your pockets, cross your arms, or hold your cell phone).
- **Move around and interact.** Stay engaged in the program.

Overall use our Elite FC coaching mantra “ENGAGE, TEACH, CONNECT” with players

Utilize the 5 Leadership Levels

1. Self-Discipline (arrive on time and focused to help)
2. Self-Direction (take initiative, set a goal for yourself as a coach each session)
3. Being a team player (help the coaches, help the players)
4. Being a leader on the field (lead by example, or lead activity if asked by staff)
5. Being a leader off the field (be a positive role model in your everyday life)